



Cubs Who Care

Wolf Cub

Elective Adventure



Complete at least four of the following requirements:

- 1. With other members of your Den, try using a wheelchair or crutches, and reflect on the process.
- 2. Learn about a sport that has been adapted so that people in wheelchairs or with some other physical disability can play, and tell your Den about it.
- 3. Learn about “invisible” disabilities. Take part in an activity that develops an understanding of invisible disabilities.
- 4. With your Den, try doing three of the following things while wearing gloves or mittens:
 - A. Tying your shoes
 - B. Using a fork to pick up food
 - C. Playing a card game
 - D. Playing a video game
 - E. Playing checkers or another board game
 - F. Blowing bubbles
- 5. Paint a picture two different ways: Paint it once the way you usually would paint it and then again by using a blindfold. Discuss with your Den the ways the process was different.
- 6. Use American Sign Language to communicate either a simple sentence or at least four points of the Scout Law.
- 7. Learn about someone famous who has or had a disability, and share that person’s story with your Den or family.
- 8. Attend an event where people with disabilities are participants or where accommodations for people with disabilities are made a part of the event.