



# Flag Football

## Beltloop and Pin Worksheet

Cub Scout Academic & Sports Program

Scout Name: \_\_\_\_\_

Pack/Den: \_\_\_\_\_

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### Flag Football Belt Loop

Complete these three requirements:

- 1. Explain or discuss the simple rules of flag football with your Den or Patrol.

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- 2. Practice running, passing, and catching skills for at least 30 minutes. \_\_\_\_

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- 3. Play a game of flag football. \_\_\_\_\_

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## Flag Football Pin

Earn the Flag Football beltloop, and complete five of the following requirements:

1. Layout and properly mark a flag football field at a park or playground.

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2. Explain the difference between defense and offense in a flag football game. \_\_\_\_\_

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3. Describe five different positions a player may play in flag football. Name the position that you prefer to play. \_\_\_\_\_

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4. During three half-hour sessions, practice the skills of passing, hand-offs, rushing, and running. \_\_\_\_\_

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5. Participate in a flag-football clinic. \_\_\_\_\_

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6. Consider all the people who make it possible to play a game of flag football. List parents, coaches, team members, scorekeepers, referees, groundskeepers, etc. \_\_\_\_\_

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7. Play in five flag football games without incurring a penalty. \_\_\_\_\_

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8. Explain and demonstrate at least six football officiating signals. \_\_\_\_\_

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9. Attend a high school, college, or community league football game.

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10. Read a book about a football player and tell your Den, Patrol or family about the player's training and work ethics. \_\_\_\_\_

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11. Talk with a referee or official of a high school, college, or community football league and learn about the job he or she does at a football game.

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