



Bowling

Beltloop and Pin Worksheet

Cub Scout Academic & Sports Program

Scout Name: _____

Pack/Den: _____

Bowling Belt Loop

Complete these three requirements:

- 1. Explain to your Leader or adult partner the rules of courtesy and safety for bowling. _____

- 2. Show how to pick out a ball of proper weight and with finger holes that fit your hand. _____

- 3. Play a complete game with your family or Den or Patrol. _____

Bowling Pin

Earn the Bowling beltloop, and complete five of the following requirements:

- 1. Read about the history of the sport of bowling. Tell your Den, Patrol or an adult family member about what you learned. _____

- 2. Explain to your Den, Patrol or an adult family member the meaning of the following terms: strike, spare, split, miss, and foul. Show their symbols for scoring. _____

- 3. Demonstrate proper stance, delivery, balance, and follow-through to your Leader or adult partner. _____

- 4. Try different types of delivery and hand positions and see which work best for you. _____

- 5. Score a complete game using a score sheet and the proper symbols, or explain the symbols and scoring on a computer-generated score sheet. _

- 6. Play at least four games and chart your progress. Figure out your average score . _____

- 7. Compete in a Scout, family, school, or community bowling tournament.

- 8. Take bowling lessons. _____

- 9. Attend a parent, high school, college, or professional bowling competition. _____

- 10. Visit a bowling alley and learn about the care and maintenance of the bowling lanes, pins, and racks. _____
